

## Sewing: machine sewing workshop – make a

For total beginners or those wishing to feel a little more confident about their sewing machine skills.

During this relaxing day we will complete at least one sewing project for you to take home (e.g. a bar-apron with top-stitched front pocket), all the while improving your basic sewing machine skills. The aim is for you to become more confident with the use of the sewing machine. There will be the chance to learn about using a paper pattern, what some of those pattern-markings mean, and also about laying out fabrics and correct cutting techniques.

Join us in our fabulous, fully equipped sewing studio for this friendly, relaxed class where we will cover various functions of the sewing machine and learn some techniques along the way for a faster, more professional finish.

All materials are provided and you can proudly take home your project at the end of the day. Suitable for all.

Just turn up, make friends and have a lovely day!

Start Date: 18 January 2025

Start Time: 10:00

Lessons: 1

Weeks: 1

Hours: 6.00

### Venue

Rochester Adult Education Centre  
Rochester Community Hub  
Eastgate  
ME1 1EW

### What will I learn on this course?

Learners will:

1. Learn the basics of threading and using a sewing machine
2. Complete at least one simple project learning tricks of the trade to achieve a more professional finish
3. Learning at least one new technique along the way i.e. double hemming, double stitching, top stitching or fabric markings

### Is this course suitable for me?

Suitable for complete beginners or those who have rusty skills and need a refresher course

### Is there anything I need to know about the course?

Learners do not need to bring anything on this day (except their lunch).

If you already have some sewing tools, please bring them with you to use on the day.

### Will there be additional costs?

No

### What could I go on to do after this course?

Your tutor can talk to you about other subject related course available.

Medway Adult Education works with many partners locally such as UCA and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide-range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester centre and again on Moodle. Your tutor will be able to talk through with you individual progression options.

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. <https://nationalcareersservice.direct.gov.uk>

If you need further advice please telephone 01634 338400.

### Attendance Policy

This is one session course- please attend for the duration of the lesson. If you enrol and then cannot attend please inform us as soon as possible so that your place can be given to someone else

### How are digital skills used and enhanced on this course

Learners are encouraged to research proposed design ideas on computer ready to discuss in class.

## Health and Safety

### Health and Safety Disclaimer

By participating in the live class you accept that you understand that dressmaking and sewing involves potentially hazardous tools and equipment and that such activity carries the risk of injury. You understand that it is your responsibility to judge your motor skills and physical ability.

It is your responsibility to ensure that by participating in classes and activities from Medway Adult Education, you will not exceed your limits while performing such activity, and you will select the appropriate level of task for your skills and abilities.

You understand that this is a practical activity and you will need to be suitably dressed, you will need protect your work surface and be mindful of the correct Health & Safety processes when sewing. MAE is not responsible for damage to items in your house / home or person.

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